

Political Self-Assessment Tool

Instructions: Place a check mark next to the items for which your answer is "yes".

My Professional Organization Involvement

- I belong to a professional organization.
- I attended the last state or national convention/conference held by my organization.
- I know where to find NANN health policy and advocacy information.
- I read messages from the NANN health policy/advocacy discussion list.
- I stay abreast of current health policy/advocacy issues.

My Nursing Practice

- I read literature published by my state nurses' association, a professional journal, or other literature on a monthly basis to be informed of current health policy/advocacy issues.
- I am aware of the composition of the state board that regulates my practice.
- I know the process whereby one becomes a member of the state board, which regulates my profession.
- I know a member of a health board or advisory group to a health organization or agency.
- I know at least two issues that are currently under discussion at the state or national level.

My Advocacy Knowledge

- I know which Senate and House Committees usually deal with health-related issues (state or federal).
- I know the process by which a bill is introduced in my state legislature.
- I know the names of my Congresspersons in Washington, DC.
- I know the names of my state legislature's senator and representatives.

My Advocacy Activity Level

- I am personally acquainted with a senator or representative or a member of his or her staff.
- I serve as a resource person for one of my representatives and his or her staff.
- I have written or telephoned a state or federal representatives in the last year about an issue.
- I attend public hearings related to health policy/advocacy issues.
- I voted in the last election.
- I recognized the names of most candidates on the ballot; familiar with most issues in the last election.
- I find myself more interested in political issues now than in the past.

Count the number of ✓ marks (yes answers), and that is your total score.