



National  
Association of  
Neonatal  
Nurses  
South East Florida Chapter

February 2015

Issue: 36



## E-news: NANN South East Florida Chapter SEFANN

SEFANN E-News [www.sefann.org](http://www.sefann.org)

send e-mail to [mail@sefann.net](mailto:mail@sefann.net)

**Meeting Reminder.** SEFANN will meet on March 24 at North Shore Medical Center at 6:00PM. Thank you to the NSMC NICU for hosting our March meeting. **2015 SEFANN Meeting Schedule.** **January 27** at Miami Children's Hospital; **March 24** at North Shore; **May 26** at South Miami; **July 28** at Chris Evert Children's Hospital; **September 22** at Baptist Children's Hospital; **November 17** at Joe DiMaggio Children's

### SEFANN Meeting Minutes 1/27/2015

Thank you to MCH for hosting the meeting.  
Thanks to Nestle for sponsoring this meeting.  
Thanks to Aleida Drozdowicz for her presentation on Healing Touch.

Meeting minutes from the Nov. meeting reviewed and approved.

**Treasury report:** TBA. Monica will email to Julie.

**Community :** Autism Speaks event on Thursday for Kick-off for fundraiser. Need volunteers. Julie will ask membership. ( Reply to Pat). Walk is in Doral, fee for sponsorship is 1000.00 for rest stop on April 19. Can bring snacks. Be there 7:30 or earlier. MOD on 4/26 at Tropical Park. Conference at CECH Feb 12-13. Ped.s on the 13th.

**Programming:** Jan.28 at MCH; Hot Topics March 12 & 13; North Shore March 24; May 26 SMH; July 28 at Chris Evert ; Sept.22 Baptist; Nov.17 JDCH.

Hot Topics Menu needs to be decided on. Possibly the taste of Miami on Friday and Deli Board on Thursday. AV issues need to be decided. Parking is \$5.00 Pat will check to see if we cover it for speakers and if facility can do validation. Have a planning meeting in February. Next Meeting: At North Shore Medical Center.

**Fundraising:** Nancy M. will be placing an order soon for t-shirts. We need some neutral colors. Maybe just get those in long sleeve. Everyone liked the new color choices for the short sleeve t's.

**Membership:** is 110

**Research:** Korean investigators are developing a product they call pneumostem. This product is from stem cells and could potentially grow new lung tissue. Meeting adjourned.

**NANN News:** <http://www.nann.org/>

Check out these member benefits and resources ...*CNE*

Now! **CNE**

Staying current on your professional requirements and interests has never been easier than with *CNE Now!*--a series of online learning modules free to all NANN members. Each module reinforces essential knowledge on topics in neonatal nursing care in an engaging format that includes information on physiology and pathophysiology, management strategies, ways to involve parents and families, and areas for further research, along with clinical practice pearls and a crossword puzzle as a learning assessment tool. The modules are evidence based and peer reviewed, thereby ensuring you will be able to

- identify the best practices in neonatal care and their impact on the patient and family
- describe nursing care for various conditions and diagnoses in the neonatal setting
- integrate new strategies that apply to your clinical situation.

### [Age-Appropriate Care of the Premature and Critically Ill](#)

[Hospitalized Infant: Guideline for Practice](#), developed by Mary E. Coughlin, MS APN, discusses the five core measures for age-appropriate care (also known as developmental care): protected sleep, pain and stress assessment and management, attention to age-appropriate activities of daily living, family-centered care, and the healing environment. Published in 2011.

### **From March of Dimes Website:**

#### **<http://www.marchofdimes.com> New Research Finds Baby's Genes, Not Mom's, May Trigger Some Preterm Births.**

Some babies seem to have a genetic predisposition to a higher risk of being born too soon, a team of researchers said today. Variants in the fetus's DNA – not the mother's – may be what triggers some early births. Joseph R. Biggio, MD, of the University of Alabama at Birmingham, and his colleagues from the Eunice Kennedy Shriver Genomics and Proteomics Network for Preterm Birth Research analyzed the number of copies of certain genes in the blood or saliva from hundreds of babies and their mothers.

(cont.) While there was no link between the number of copies of the mother's genes and the chances of a preterm baby, there was a two-to eleven-fold increase in preterm births before 34 weeks of pregnancy when any of four genes were duplicated or seven genes were deleted in the babies born preterm, when compared to babies born full-term. a higher risk of being born too soon, a team of researchers said today. Variants in the fetus's DNA – not the mother's – may be what triggers some early births.

**For the rest of this article go to:**

<http://www.marchofdimes.org/news/new-research-finds-babys-genes-not-moms-may-trigger-some-preterm-births.aspx>



April 2015

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### SEFANN Meeting Minutes 3/24/2015

Thank you to North Shore for hosting the meeting.  
Thanks to Mead Johnson for sponsoring meeting (Door to Door Catering).  
Thanks to Dr. Love for her presentation on PPHN.  
Meeting minutes from the Jan. meeting approved.  
**Treasury report:** \$14,736.73 . Still finalizing numbers for HT.  
**Community:** Walk in Doral \$1000.00 for rest stop is on April 19 about 7 AM starts. Can bring snacks. MOD on 4/26 at Tropical Park. Did not reserve Double Tree yet for 2016, waiting for bottom line. The numbers look like we lost money but we are still counting vendor checks.  
**Programming:** Jan.27 at MCH; Hot Topics March 12 and 13. ;North Shore March 24; May 26 SMH; July 28 at Chris Evert ; Sept.22 Baptist; Nov.17 JDCH.  
**Fundraising:** We sold over \$1000.00 at Hot Topics.  
**Membership:** is 88 members. Colleen made a basket with give aways for joining. Included the goodies from NANN with freebies she found. Jenn needs the tri-fold membership brochure made into a 1 sheet page. NANN has membership recruitment resources that can be used.  
**Next Meeting:** South Miami Hospital on May 26.  
**Research:** PDA management. There is a study going on currently with questions on what to do surgical, medical, let it go..Nancy will email the NIH information to Julie. Document on research attached. *\*after meeting received title (PDA — Tolerate Trial: PDA: TO LEave it alone or Respond And Treat Early - Trial)*  
**New Business:** FPQC is meeting in April 23-24. Panel on Golden Hour, Tampa is presenting BF; NAS; Oxygen usage.  
For Hot Topics 2016: Pat says Dr. Alfonso will do seizures and a contact from nursing informatics will present on their topic. CECH: their NAS project improved outcomes by 35%shorter length of stay. They had an educational video that was used to help with scoring consistently with Finnegan tool.  
**Advocacy Update:** Bill to track mothers and babies related to NAS is in legislature  
**Meeting adjourned.**

**SEFANN News:** Join SEFANN members April 19 for the Autism Speaks Walk in Doral. We will be hosting Rest Stop #1. Be prepared to pass out lots of water to thirsty walkers! Sign up with a SEFANN officer or email Pat at [pswilsonrn@aol.com](mailto:pswilsonrn@aol.com).

There is a new feature on the Shutterfly site where we can sign up for events. Try it out and check out the latest pictures.  
[www.sefanmomentsinpictures.shutterfly.com](http://www.sefanmomentsinpictures.shutterfly.com)

**Congratulations...**(and we wish it weren't so!!) Nancy Burke, a SEFANN founding member and clinical nurse specialist at South Miami Hospital will be retiring this spring. We don't have an exact official date yet but she is getting ready to enjoy her retirement. Please wish her well and stay tuned for retirement party plans!!

NANN news from [www.nann.org](http://www.nann.org)

**NANN & NANNP Call for Volunteers—Opportunities Available!**  
Members interested in the following opportunities should submit an application which includes a Statement of Interest addressing why you would like to be considered and your CV. **The application deadline is Wednesday, April 15.**

**NANN Leadership Development Academy**

**Neonatal Nursing Professional Development Pathway Work Group Co-Chairs**

**Neonatal Nursing Professional Development Pathway Work Group Members**

You can go to the link below to apply. Deadline is soon!!  
<http://www.nann.org/membership/content/volunteer-opportunities.html>

**From March of Dimes Website:** [www.marchofdimes.com](http://www.marchofdimes.com) Identifying prematurity genes Premature birth is a leading cause of infant death and disabilities in this country. In about half of all cases, doctors don't know why a woman delivers too soon. But some of the answers may lie in our genes.  
*Jeffrey C. Murray, MD*, a March of Dimes grantee at the University of Iowa in Iowa City is conducting a comprehensive search of the entire human genome for gene variants that may contribute to premature birth. Genetic factors are known to influence at least 40 percent of spontaneous premature births – but the actual genes are unknown. Dr. Murray also is seeking to identify environmental factors, such as smoking and maternal weight, that may interact with these variants to cause premature birth.

**March of Dimes Cont.'** A new study by Dr. Murray and colleagues has identified two potential prematurity genes. One of these genes is carried by the mom, and the other by the baby. Presence of either of these genes may cause a pregnancy to be more prone to premature delivery. Most research on the role of genetics in preterm labor has focused on the mother. However, this and other studies suggest that genetic factors in the baby may sometimes contribute. Identifying prematurity genes is an important step in predicting which women are at increased risk of premature delivery and eventually developing new treatments to help prevent it. hundreds of babies and their mothers.



June/July 2015

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### SEFANN Meeting Minutes 5/26/2015

1. Thank you to SMH NICU for hosting the meeting.
2. Thanks Doro with Evacubee sled for sponsoring this meeting.
3. Thanks to Elaine Matias, RN for her presentation on Emergency Management.
4. Meeting minutes from the March TBA.
5. Treasury report: Hot Topics Double Tree cost: \$7744.16 both days. \$924.59 for other costs. Total costs \$8668.75. Income:\$5885.00 from conference dues and vendors. To date: T-shirt sales \$2042. Balance in account is \$7501.35
6. Community : Pat will look into what the offer this time for packages. We need coffee throughout the day. We need to have another meeting to plan on Hot Topics. Meet in July. Oct 17 Autism Speaks Gala at Doral. They need volunteers. We help with registration etc.
7. Programming: Chris Evert Children's Hospital.
8. Fundraising: TBA.
9. Membership: is 87. Each hospital location receives a membership thank you basket for nurses with a membership brochure too from NANN.
10. Research: Study about Penut Trial. University of Washington. Preterm erythropoietin neuroprotection trial. Need to decide how to measure success what test and when.
11. Advocacy : Allyson sent her report for the summer quarter, on website.
12. New business: Will decide on board meeting date after the July meeting.
13. Meeting Adjourned.

**From March of Dimes website:** Scientists from four states are aiming to improve understanding of the biology of labor and delivery and discover what triggers the onset of preterm labor, the March of Dimes announced today. What they learn could advance development of novel drugs and other treatments to help prevent preterm birth.

These five scientists, who were awarded 2015 March of Dimes Prematurity Research Initiative (PRI) grants, are looking for answers in the placental microbiome, in genes and other factors that control cervical ripening, in the workings of uterine muscle cells, and in the amniotic sac (bag of waters) that surrounds the baby. Premature birth is the leading cause of newborn death. Worldwide, more than one million children die each year due to complications of premature birth.

NANN News: <http://www.nann.org/>



This year it's about taking the time to make things happen.

Earn up to 23.5 CNE contact hours and 7.5 pharmacology hours— Register Now

The education that you will receive at the NANN Annual Educational Conference is one-of-a-kind.

This is the place for all neonatal nurses, no matter where you are in your career, where you can learn from esteemed leaders

Educational topics include:

- L.A.C.E.
- Physical assessment
- Billing
- Advocacy
- Central line insertion techniques
- Maternal substance abuse and breastfeeding
- Neonatal abstinence syndrome
- Neurological care
- Cue-based feeding
- Maternal complications

Whether you are a novice or expert, a staff nurse or advanced practice nurse, you will leave this year's conference with knowledge that you can use immediately as well as in the future.

**From March of Dimes continued:** Babies who survive an early birth often face lifetime health challenges, such as vision and breathing problems, cerebral palsy, and learning disabilities.

In 2013, one out of 10 babies in the US was born preterm and the US rate exceeded that of most other high-resource countries.

"The causes of about half of all preterm births are unknown. Research aimed at identifying the unknown causes of preterm birth is crucial for development of effective treatments to prevent premature births," says Dr. Jennifer Howse, president of the March of Dimes. "Prevention is the way to save babies from the death and disability caused by preterm birth."

Since 2004, the March of Dimes has committed more than \$28 million to the PRI grants. The grants are one of several March of Dimes grant programs available to researchers.





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**SEFANN MINUTES Sept. 22, 2015 Baptist Children's Hospital, Miami**

Thank you to Dr. Bianco Battles for her discussion tonight  
*Minutes for July not available* for meeting that was held at Chris Everett Children's Thanks to CECH for July presentation on Managing Sepsis presented by Dr. Tryzmel.

**TREASURY REPORT:**

Monica reported that we currently have \$9,230.71  
Currently still have not received check from ABBOT for the conference

**COMMUNITY:**

NOT AVAILABLE

**PROGRAMING:**

NONE, however next meeting to be held at Joe DiMaggio. Will get in touch with contact about programing, etc.

**MEMBERSHIP:**

Basket for thanks was presented to Freddie from Baptist for hosting tonight. Membership numbers are up. Julie will have exact numbers

**RESEARCH:**

Nancy discussed research that is out there about "changing ideas about holding feedings during transfusions"

**NEW BUSINESS:**

**NANN conference will be held in Dallas** October 22<sup>nd</sup>-October 25<sup>th</sup>. Jennifer and Julie will be present to represent the board. Jennifer & Julie will present a small talk about education while at the conference. We are receiving awards by NANN for Advocacy, Communication, and Educational offerings. Julie and Jennifer will accept awards for the board. Rene is unable to attend do to conflict with work schedule. No one else from the Board will be going this year.

Derek from ICU Medical was present at the meeting and discussed that he has recently gone to the ANN meeting in Orlando and there were many questions about closed medication lines. He did some research about it and has secured a speaker to come down to discuss. He provided us with a flyer for members to place in their NICU.

Dinner Presentation

"Developing a Closed Medication System" by Jack Tanner RN, BSN Thursday November 12<sup>th</sup>. 2015; Registration from 6:30-7:00 pm  
Dinner & Presentation from 7:00-8:00 pm in Peacock Garden Caf , 2889 McFarlane Road, Coconut Grove, Florida 33133  
For registration contact Derek @ 786-682-5843

**SEFANN Minutes from July 28 2015**

1. Thank you to CECH NICU for hosting the meeting
2. Thank you to Cheese for sponsoring the meeting
3. Thank you to Dr. Tryzmel for his presentation on Managing Sepsis
4. Meeting minutes from May accepted
5. **Treasury Report:** TBA
6. **Community:** Walk Now for Autism Speaks, there will be a Gala in October. Save the Date for Hot Topics to be sent. Brochure to be sent by the first of the year, January 2016. Spoke about late registration to be a 20% increase if registered after 3/1/2016. Offer a group discount. We will look in to a blocked room discount offer to advertise.
7. **Programming:** Baptist September, Joe DiMaggio November
8. **Fundraising:** TBA
9. **Membership:** is 84. There is a new chapter just north of us, CIANN. Thank you baskets will continue. Asked if Rene as the President would perhaps draft a letter to send as a welcome on behalf of SEFANN.
10. **Research:** Will be typed up and sent to Julie
11. **Advocacy:** TBA
12. **New Business:** We have three NANN registration scholarships available. Julie has received a scholarship from NANN to attend. SEFANN will receive three awards at NANN: Advocacy, Educational Programs, and Communication. FPQC April 7th and 8th of 2016.
13. **Meeting adjourned.**

**SEFANN News: SEFANN wins National Awards at NANN**

**2015 Conference:** Our SEFANN chapter won top awards for: **Advocacy; Communication and Education!** Each award included a cash prize from NANN and plaque.

**Congratulations to NANN Scholarship winners:** Jennifer Bilecki and Elaine Green. They received complimentary registration for the NANN convention in Dallas from SEFANN. Separately, Julie Fullerton received a scholarship to the convention from NANN through their contest.



# November/December 2015 issue 39



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### SEFANN MINUTES

#### November 17, 2015 Joe DiMaggio Children's Hospital

Thank you Dawn Brittingham, RNC, Laura Mogerman RNC, and Diana Wolf RN for their discussion on **Neonatal Hyperbilirubinemia**.

Minutes approved from July and September meetings.

**Treasury Report:** Tabled

**Community:** A booth for Autism Speaks is \$1500. Committee voted to wait and maybe just raise money for the walk.

Christmas Party December 12<sup>th</sup> at Bahamas Breeze. Toys will be donated to Chapman Foundation.

**Programming:** January will be at MCH

Hot Topics: Save the Date to be sent out ASAP

Planning Meeting to be held: Jennifer will ask Rene to call a meeting.

**Membership:** 95

**Research:** NRP updates (Nancy will send them to you)

**Advocacy:** Add links to the Washington Scholarship to our website

**Meeting Adjourned.**

### SEFANN News:

SEFANN Holiday Party and toy drive was at Bahama Breeze Restaurant in Kendall on December 12. We collected lots of toys and gifts for the kids served by the Chapman Partnership for the homeless.

SEFANN members and their families enjoyed our yearly gathering and had fun seeing how the kids have grown!

Thanks to Derek Sippio for his great suggestion for our toy drive recipient and to Pat Wilson for putting it together and playing Santa for us. The food was delicious and the drinks tasty. Join us next time if you didn't have a chance this year!



### NANN News...

The NANN conference was in Dallas October 22<sup>nd</sup>-October 25<sup>th</sup>. Jennifer Bilecki was there to receive awards and represent the board for SEFANN. Jennifer also gave a presentation about SEFANN's educational programs at the NANN Chapter Luncheon. SEFANN was recognized at the Chapter awards by NANN as best in the following categories: Advocacy, Communication, and Educational offerings. Elaine Green was a SEFANN/NANN scholarship winner and attended the NANN conference along with Jennifer B. and Allyson Kayton. You can see their picture on the SEFANN website. Next year NANN conference is in Palm Springs California. Stay tuned!



### HOT TOPICS in the TROPICS SAVE THE DATE!

**March 10 and 11 at Airport Double-Tree Hilton/**

**Miami Merchandise Mart**

### SEFANN Meeting Dates for 2016 @ 6:00 PM

**January 26 at Nicklaus Children's**

**March 22 at North Shore Medical Center**

**May 24 at South Miami Hospital**

**July 26 at Chris Evert Children's**

**September 27 Baptist Children's**

**November 15 Joe DiMaggio Children's**